

# International Student Series: Mental Health for Students

Join our registered social worker to discuss the many challenges currently faced by international students. We will discuss stress management, coping with discrimination, and much more! This event is free and open to the public. All are welcome.

To register, email: [mfedsin@cbfht.ca](mailto:mfedsin@cbfht.ca)

**February 1st, 2024, 3:00PM**



**Central Brampton**  
Family Health Team