

# SENIORS WELLNESS PROGRAM

## Understanding Behaviour

**PRESENTED WITH  
THE ALZHEIMER SOCIETY  
OF PEEL**

### Register:



(905) 456-7111



[www.cbfht.ca](http://www.cbfht.ca)



[info@cbfht.ca](mailto:info@cbfht.ca)



600 Gillingham Drive, Suite 200  
Brampton, ON



**September 7, 2023**

**1:00 PM**

**Offered via Zoom and in person**

**FREE**



### TOPICS:

- THE MEANING BEHIND BEHAVIOURS
- COMMON BEHAVIOURAL TRIGGERS
- MANAGEMENT STRATEGIES

