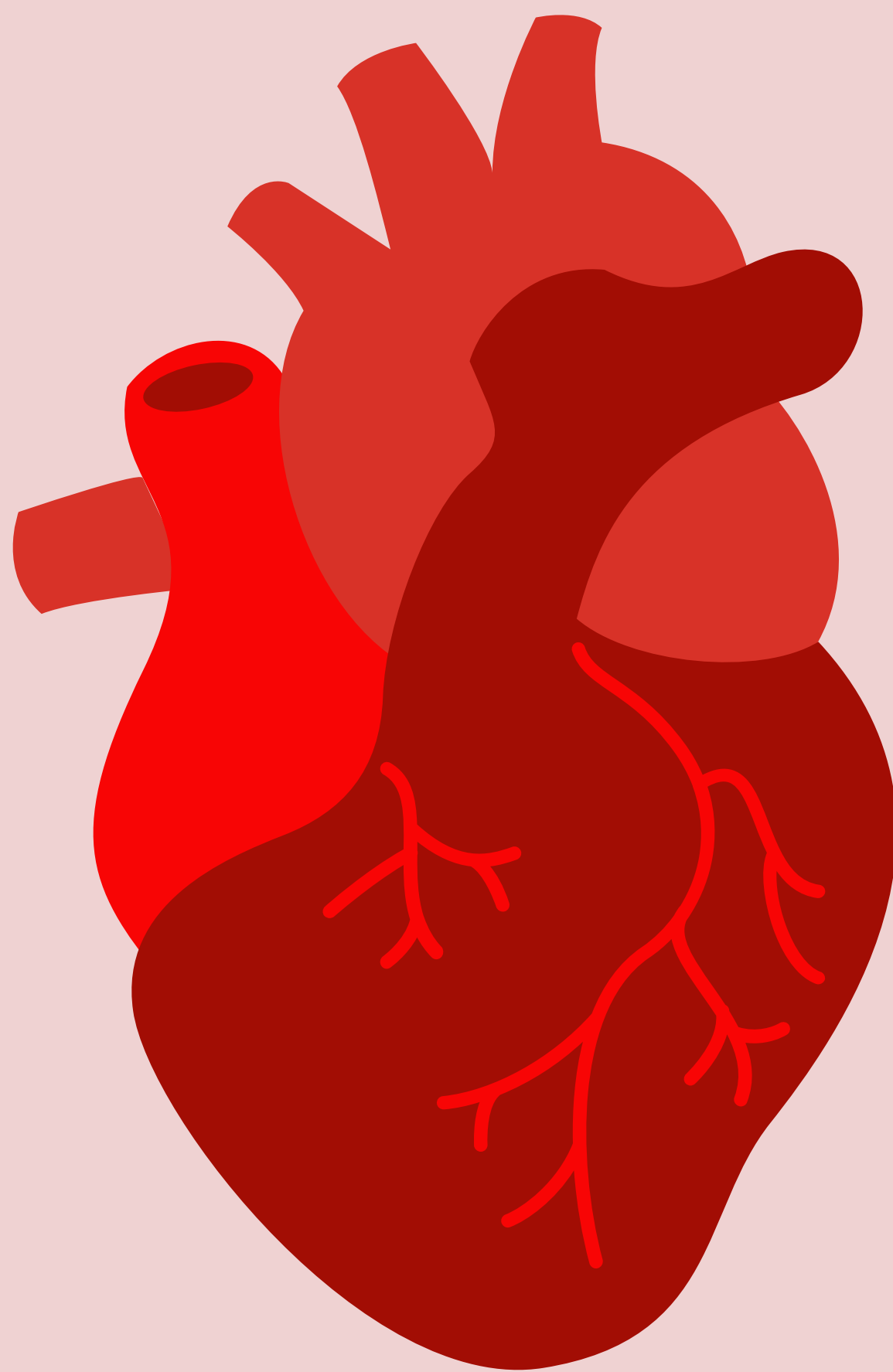


The background features several red blood cells scattered across the top and sides, along with large, abstract red shapes that resemble stylized leaves or petals. The text is centered and has a slight drop shadow.

HEALTHY HEART Workshop

COMING OCTOBER 2023



HEALTHY LIFESTYLE CHANGES FOR REDUCING
THE RISK OF CARDIOVASCULAR DISEASES

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