

**TO:** CBFHO PHYSICIANS

**FROM:** CENTRAL BRAMPTON FAMILY HEALTH TEAM

**SUBJECT:** MENTAL HEALTH PROGRAM UPDATE

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Dear physicians,

We would like to provide you with a quick update about our Mental Health Program at CBFHT.

Effective immediately, we are pausing our Mental Health Triage process for all incoming referrals. With this change, patients being referred will be booked directly with a Mental Health Counsellor.

Furthermore, this change also means you can expect any correspondence and follow-up on patients' progress to be shared directly by one of our Mental Health Counsellors.

Currently, our wait time from point-of-referral to being contacted by administration is within 24-hours!

If you have any questions about the above changes, please don't hesitate to connect with Kate directly at [kvinokurov@cbfht.ca](mailto:kvinokurov@cbfht.ca).

Sincerely,

The CBFHT Team