
*Are you thinking about **QUITTING** ?*

Central Brampton Family Health Team

is here to help!

Smoking Cessation Program



Our goal is to work with you to help you succeed in your journey, wherever you are at

We offer **FREE** nicotine replacement therapy (NRT)
and one-one coaching support.

To book an appointment, ask your doctor for a referral

For more information, visit: www.cbfht.ca or call: 289-499-2239

