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*Are you thinking about **QUITTING** ?*

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**Central Brampton Family Health Team**

**is here to help!**

**Smoking Cessation Program**



*Our goal is to work with you to help you  
succeed in your journey, wherever you are at*

We offer **FREE** nicotine replacement therapy (NRT)

and one-one coaching support

Book an appointment today, or visit: [www.cbfht.ca](http://www.cbfht.ca)

**Call 905-456-7111 (ext. 2)**

