

Next workshop:

April 15th, 2020

Time:

6:00PM-8:00PM

Location: 60 Gillingham Drive,
Suite 200

- Community Education Event
- No referral necessary to register



“Let’s Talk Diabetes”

Workshop

- Can’t keep your blood sugars within target range?
- Having trouble making changes to your diet and lifestyle despite your good intentions?
- Tired of having your diabetes control your life?
- Want to feel more confident about managing your diabetes?

If any of the above resonate with you,
join our "Let’s Talk Diabetes" workshop!

Contact **905.456.7111 ext 3** to register for
upcoming workshops

**Workshops
facilitated by our
Certified Diabetes
Educators:**

**Registered Dietitian
&
Health Educator**

