

INTRODUCING YOUR BABY TO SOLID FOODS

PLAN TO ATTEND WHEN YOUR BABY IS 2-4 MONTHS OLD

TOPICS

- Transitioning to Solid Food
- Feeding Methods & Baby's First Foods
- Infant Nutrition 6-12 Months
- Infant Feeding Challenges
- Introducing Allergens
- Raising a Healthy Happy Eater, from the Start!

DATE:

Wednesday Jan. 30, 2019

TIME:

1:30PM-3:30PM

LOCATION:

Here-
60 Gillingham Drive,
Suite 200

Presented by our Registered Dietician
See Receptionist or call (905)-456-7111 to register!

